

**Tel: 01553 616200**  
**www.asklily.org.uk**



**Helping adults in west Norfolk  
get involved in our community  
throughout the Coronavirus pandemic**

 **Telephone support line**

 **Online directory**

 **Help accessing online resources**

 **Community locations\***

\* subject to Coronavirus restrictions



in association with



**Norfolk** County Council

Borough Council of  
**King's Lynn &  
West Norfolk**



**Visit [www.asklily.org.uk](http://www.asklily.org.uk)  
for more information on:**

Coronavirus: services,  
information, activities & events

Things to do

Housing and care homes

Transport and getting around

Learning, work and volunteering

Health and wellbeing

Money matters

Care and support for you

Advice and advocacy

Caring for others

Staying safe

Childcare and family support

Lily in your community